**Title:** Recovery Activities Volunteer

**Basis:** Volunteer

**Safeguarding:** Volunteers are disclosure checked by Bethany Christian Trust.

**Responsible to:** Recovery Activities Facilitator

**Responsible for:** Helping with the running of leisure activities for those considering or in recovery.

**Context of the role:**

Bethany provides a suite of services which support people struggling with issues of homelessness helping them to: find suitable accommodation and furnish their homes, tackle addictions, learn new skills and gain employment, develop positive social networks and become active members of their local communities. This role is part of Bethany’s Homelessness Prevention work.

**Summary of the role:**

The Recovery Activities work of Bethany is a Christian community-based service providing leisure activities for men and women aged 18 years and over who are suffering from substance addiction and are looking to, or considering, establishing abstinence and making positive changes in their lives.

We give participants an opportunity to co-design the activities, allowing them to try something new or participate in what they know they enjoy.

Volunteers are required to help support the Recovery Activities Facilitator at the groups, by providing a listening ear and encouragement, contributing to the activity and any discussion, as well as helping practically at the venue with setting up rooms and providing refreshments. Depending on experience, there may also be opportunity to help with some 1-2-1 activities.

**General responsibilities:**

* Help to set up equipment for use during the specific activity, such as cycling equipment, table tennis or others. Prepare light refreshments. After the group has finished, the volunteer is also expected to assist in cleaning and housekeeping. For this reason a volunteer should arrive on time and give as much notice as possible if they are unable to volunteer.
* Help to make the individuals participating in the activity feel welcomed and comfortable, whilst also maintaining appropriate boundaries. This can be through participating in the activity with them, serving food and drinks, chatting during the activity and breaks.
* Signpost individuals who are seeking additional support to Bethany Christian Trust staff.
* Alert a staff member of any concerns about an individual or situation within the group
* For those engaging in 1-2-1 support, a strong Christian faith is required, ideally with lived experience of addiction or experience of working in this area.

**Important pre-requisites for the role:**

* Be 18 years old or over.
* Be a person of Christian faith, rooted in a Church community.
* Be aware of, and able to demonstrate, good confidentiality and boundaries practice.
* Be able to operate under the guidance and support of the Bethany Christian Trust staff.
* Be sociable and have an approachable manner.
* Have good time management and organisational skills.
* The role may be challenging, and so the volunteer must be patient, understanding, non- judgemental and willing to be proactive in engendering a positive environment.
* Volunteers must complete the necessary induction for this role.

**Location and Pattern of Hours:**

There are multiple locations. Volunteers must indicate the location they wish to volunteer, while understanding that this may not always be possible due to the current volunteer capacity. There is an expectation that volunteers attend one location consistently with a weekly or fortnightly commitment, for a period of at least 6 months.

**Dundee:**

* Menzieshill (more details on request)
* City Centre (more details on request)
* Downfield (more details on request)