



For a complete list of Bethany Christian Trust services head to the Get Help section at [www.bethanychristiantrust.com](http://www.bethanychristiantrust.com)

## A guide to homeless services in Edinburgh

# Where Can I Get Help?

### Support for Women

**Edinburgh Women's Aid - 0131 315 81 10**

Help for women in abusive relationships or in danger from ex-partners. Safe accommodation available for women and children

**Shakti Women's Aid - 0131 475 2399**

Advice for black/ethnic minority women, children and young people experiencing and/or fleeing domestic abuse.

**Women's Aid Domestic Abuse Line -**

**0808 2000 247 (24hr)**

**National Domestic Violence Helpline -**

**0800 027 1234 (24hr)**

**Rape Crisis Scotland National Helpline -**

**08088 01 03 02**

Help for women in abusive relationships or in danger from ex-partners. Safe accommodation available for women and children

**Sacro Another Way Service -**

Wednesday 9pm-11pm. For women in sex work to provide a break in a safe space, Turning Point Scotland, Links Place, Leith Links

**Anne Hope House - 0131 552 3907**

Supported accommodation for women who are looking to make positive changes in a community setting.

### Young People

**The Rock Trust - 0131 557 4059**

55 Albany Street. For 16-25 year olds who are homeless or at risk of becoming homeless. Showers, laundry, advice and support. Mon-Fri 9am-12pm

**Papyrus-0800 068 41 41 or text**

Mon-Fri 10am-5pm & 7pm-10pm, weekends 2pm-5pm. A helpline for anyone 35 or younger considering suicide.

**Childline - 0800 11 11**

To talk to a counsellor about anything that is troubling you.

**Missing People's Runaway Helpline -**

**116 000 - free call or text**

For under-18s who have ran away or are thinking of running away.

**The Junction - 0131 553 0570**

82-86 Great Junction Street. Young people health and wellbeing services

### Concerned about an individual?

**For concerns about vulnerable adults or children, call Social Care Direct 0131 200 2324 (adults) or 0131 200 2327 (children) during work hours. Out of hours or weekends call 0800 731 6969**

### Crisis Intervention

**Homeless Services and Support**

**The Access Place - 0131 529 5015**

Register as homeless here, get advice about entitlements, eligibility for temporary accommodation, benefits and GP Surgery. Or go to one of the locally housing offices: 40 Captain's Road EH17 8QF (SE); 10 Westside Plaza EH14 2ST (SW); 8 West Pillon Gardens EH4 4DP (NW); or 101 Middle Mains Road EH16 4DS (NE).

### Welcome Centre

The Rapid Re-accommodation Welcome Centre is operated by Bethany Christian Trust and is open from

**5 October 2022 to 3 May 2023.**

It provides emergency shelter and support to move on to more suitable accommodation for anyone who would otherwise be sleeping rough. Three meals a day are provided.

**It is located at the Haymarket Hub Hotel, 7 Clifton Terrace, Edinburgh EH12 5DR and can be accessed 24 hours a day. For more info or to check for spaces call 07919 557 673**

### Homelessness Prevention

**Education, Training and Support**

**Crisis Skylight - 0131 209 7700**

4 Crichton's Close. Education training and support with accommodation. Open Mon-Fri 9am-5pm

**Street Soccer**

**Portobello Powerleague, Spartans**

Free football for everyone over 16 with opportunities to go on work experience. Visit [streetsoccerscotland.org](http://streetsoccerscotland.org) for more information.

**Other Bethany Services**

[www.bethanychristiantrust.com](http://www.bethanychristiantrust.com)

**Community Support**

Community projects such as befriending, employability support, family work, drop-in sessions, Find a group near you:

[bethanychristiantrust.com/get-help/](http://bethanychristiantrust.com/get-help/)

**Connect to Community**

Supporting men and women coming out of prison. For information please contact David on

**0141 766 0167**

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### Housing and Family

**Housing Advice and Support**

**Edinburgh Housing Advice Partnership (EHAP)**

Mon-Fri 9am-5pm

**0131 442 2100**

Advice and information for those in housing crisis.

**Shelter - 0808 800 444**

Mon-Fri 9am-5pm. Housing advice helpline

**Your Home - 0131 603 9815**

[YourHome@rightthere.org.uk](mailto:YourHome@rightthere.org.uk). For anyone worried about losing their home or needing help around housing.

**Four Square - 0131 557 7900**

For anyone aged 16-25 needing crisis accommodation.

**Family Support**

**Safe Families For Children -**

**0131 603 8430**

[www.safeamiliesforchildren.com](http://www.safeamiliesforchildren.com)

Provides support for parents while they work to resolve issues through friendship, coaching and often providing a short stay for their children with a trustworthy family, if needed.

# Medical and other helplines

In an emergency dial **999**

### NHS 24 - 111 (free)

For out of hours urgent treatment and advice

### Streetsmart Physio Clinic

**Salvation Army Hostel, 1 The Pleasance**  
Wed 6 - 7:30pm, book an appointment at reception

### Mental Health Assessment Service -

**0131 537 6000**  
Self-refer for an emergency psychiatric assessment

### Edinburgh Crisis Centre - 0808 801

**0414 (24hrs) or text 07974 429 075**  
Mental Health Helpline

### Chalmers Dental Centre - 0131 553 0570

**3 Chalmers Street, Edinburgh, EH3 9EW**  
Walk in emergency dental clinic. For same day care you should attend before 3pm.

### Emergency Dental Pain Relief

**0131 536 4800**

## Money, Work and Benefits

### Citizens Advice Direct - 0800 028 1456

Benefits, employment, debt and housing advice.  
Mon - Fri 9 - 6pm

### Citizens Advice Bureau - 0131 510 5510

Provides advice on a range of subjects specialising in welfare rights (benefits), debt, budgeting, employment, housing, energy, immigration, consumer rights and health.

### Job Centre Plus - 0845 604 3719

To make a new benefits claim. Mon - Fri 8am - 6pm

### The Advice Shop - 0131 200 2360

**249 High Street**  
Mon, Wed, Thu 8:30 - 4:30pm, Tue 9:30 - 4:30pm, Fri 8:30 - 3:40pm. Information advice and representation to access benefits and deal with debt.

### Social Security Scotland - 0800 182 2222

Information or support with benefits.

### National Debt Line - 0808 808 4000

Mon - Fri 9am - 9pm, Sat 9:30am - 1pm

### Christians Against Poverty (CAP) - 0800 328 0006

Free debt help and money courses.

### CHAI - 0131 442 2100 or Granton Information Centre - 0131 551 2459

Both offer welfare rights and money advice.

### Grassmarket Community Project - 0131 225 3626

**86 Candlemaker Row**  
Mon 4-6pm. Info and advice on benefits and debt.

## Spittal Street Dental Clinic

### Spittal Street Centre, 22-24 Spittal Street

Advice, emergency treatment and routine care provided in a relaxed and friendly environment.

For anyone who is registered as homeless: Mon 9am - 3:30pm and Friday 9am - 12pm

For anyone who is drug dependent: Tues 9am - 3:30pm and Fri 1 - 3pm

### Samaritans - 116 123 (24hrs)

Confidential, emotional support for anyone in crisis.

### Breathing Space - 0800 83 85 87

Mon - Thu 6pm - 2am Fri 6pm - Mon 6am

### Men's Advice Line - 0808 801 0327

For men experiencing domestic violence

### Missing People - 116 000 call or text (24hrs)

If you are missing or have lost touch with someone who is missing you

### National Association for People Abused in Childhood - 0808 801 0331

### Lone Parent Helpline - 0808 801 0323

Advice and support for single parents. Mon - Fri 9:30 - 4:30pm

### Asylum Help - 0808 801 0503

Advice and guidance for asylum seekers.  
Mon - Fri 8:30 - 7pm

### Cruse Bereavement Centre - 0808 808 1677

Support after the death of losing someone close

## Addiction Support

### Talk to someone...

### Drinkline Scotland - 0800 7314 314

### Alcoholics Anonymous - 0800 917 7650

### Frank (drugs helpline) - 0800 77 66 00 (24hrs)

### Gamblers Anonymous Scotland - 0370 0508 881 (24hrs)

### Get info, advice and support...

### Crew 2000 - 0131 220 3404

Mon-Fri 10am-5pm, for support or information. Drop in at **32 Cockburn Street**  
Mon-Wed 1-5pm, Thurs 3-7pm, Fri & Sat 1-5pm Information about drugs and how to stay safe. Crew neither condemns nor condones drug use.

### For medical help and prescriptions...

### Harm Reduction Team - 0131 537 8300

**22-24 Spittal Street**  
Low-threshold medication programme for injecting drug users, women's services for those involved in the sex industry, injection equipment provision, wound care clinic, harm reduction training, dental care for people using drugs.

### Recovery Hubs

Offering a wide range of alcohol and drug services and support

- **North East** - 0131 554 7516
- **North West** - 0131 332 2314
- **South East** - 0131 661 5294
- **South West** - 0131 453 9406
- **City Centre** - 0131 557 5273

### Residential Programmes...

**Bethany Christian Centre 0131 454 3125**

**Teen Challenge 01664 822 221**

**LEAP 0131 446 4400**

# Food

**Missionaries of Charity** | 4pm Daily except Thu, Fri & Sat | 18 Hopetoun Crescent | 556 5544

**St Catharine's Convent** | 9-11:30, 5:30-6:45 Mon-Fri | 4 Lauriston Gardens | 229 2659

**Salvation Army** | 10-11:15 Mon-Fri | 25 Niddry Street | 523 1060

**The Breakfast Bothy** | 9-11am Mon-Fri | Melville Drive police box - Meadows | Free roll and coffee

**Soul Food** | 5:30-6pm Tue | Carrubers Christian Centre 65 High Street | Takeaway Dinner

**Grassmarket Community Project** | 5-6:30pm Wed | 86 Candlemaker Row 2-courses | 225 3626

**Soul Food** | 4:30-5:45pm Mon | CoFE Methodist Church, 25 Nicolson Square. | 07917 563202

**Mustard Seed** | 4:30-5:45pm Mon | St Margaret's Church 170 Easter Road | Takeaway Dinner

**Free Light Lunch** | 12-2pm Fri | Leith Free Church Casselbank Street | Lunch

**Old St Paul's Church** | 8:20-1pm Sat | Jeffrey Street | Porridge, sandwiches, soup

**Saturday Dinner @ Ps&Gs** | from 5:30pm Sat | 46 York Place Takeaway Dinner | 556 1335

**Carubbers Christian Centre** | 8-9:30am Sun | 5 High Street. Breakfast, takeaway | 556 2626

**South Leith Parish Church** | 9:30-10:30am Sun | 6 Henderson Street, Breakfast | 554 2578

**Kirk O' Field Church** | 9:30-12:30pm Sun | 140 Pleasance | Sandwiches & Hot Drinks

**Soul Food** | 2pm Sun | Central Hall 2 West Tollcross | Takeaway Dinner

**Soul Food** | 5-6:30pm Sun | Oxfgangs Community Church 71 Firhill Drive | Cooked Meals

## Social Bite

### Suspended coffee/food

Members of the public pay for an extra coffee/meal which is then available for someone who needs one.

### Social Scran - Takeaway

### Breakfast Rolls and Tea/Coffee

131 Rose St & 89 Shandwick Pl  
Mon-Fri 8am-9.30am & 4.30-5.30pm

### Hot meals, Sandwiches and Tea/Coffee

Rose Street - 3.30pm, Mon/Thu/Fri  
Shandwick Place - 3.30pm, Wed

### Social Suppers - Sit In

### Mixed Supper - Vesta, book at Shandwick Place,

Tuesday, 3pm - 5pm

### You can also pick up items at the end of the day

at 3.30pm every Mon, Wed, Thurs & Fri.

## Care Van

**A partnership between Bethany Christian Trust and Edinburgh City Mission, the Care Van operates every evening and at lunchtimes Mon, Wed, Thu, Sat & Sun.**

Phone 0131 561 8930.

### Lunchtimes:

12.30pm Market Street  
1pm-2pm King's Stables Road, the Grassmarket, the Bridges  
2pm Tesco Car Park (Easter Road)

### Evenings:

9pm Waverley Bridge  
9.50-10.30pm King's Stables Road, the Grassmarket, the Bridges