



Beauty from Ashes

Annual Report 2021

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Dear Friends,

It has been a year marked with loss in so many ways. The COVID-19 pandemic has brought layers of additional challenge to the significant barriers faced by people we support. Yet in the midst of this pain and loss we have also seen the positive impact of suffering relieved and lives restored. Through it all we have been determined to keep all of our services operating and accessible to people across Scotland, all of which has been enabled through your tremendous support.

One of the formative passages in the Bible for Bethany Christian Trust comes from Isaiah 61:3 "...to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair." This year's annual report, *Beauty from Ashes*, features inspiring stories from across the country reflecting the beauty that can arise in a person's life, even from the ashes. The personal expression in each first person account conveys the beauty of restoration.

We have continued to see amazing blessing and growth this year despite the external circumstances and have introduced a section on growth and development to our annual report in order to keep you up to date.

We are deeply grateful for your incredible support and we continue to be overwhelmed by your generosity for this life saving work. You have enabled us to sustain all our services and respond proactively and rapidly to support and accommodate people in a wide range of contexts throughout the pandemic.

Thank you sincerely for your partnership in creating beauty from ashes.

A handwritten signature in black ink, reading "Alasdair Bennett". The signature is fluid and cursive, with a long horizontal stroke extending from the end.

Chief Executive
Bethany Christian Trust



"I worked hard all week, but then at weekends
I turned to drink. At that time I was very angry and
depressed because of not seeing my kids."

John's story

When I was separated from my kids, alcohol was a big part of my life. I worked hard all week, but then at weekends I turned to drink. I was used to spending time with my kids but access had been denied and I had nothing to do. At that time I was very angry and depressed because of not seeing my kids. I have since also been diagnosed with PTSD because of other things that have happened to me.



A friend introduced me to a good place, the Toastie Club, run by Bethany in a church in Aberdeen. You learn things by talking to people in a relaxed and happy atmosphere.

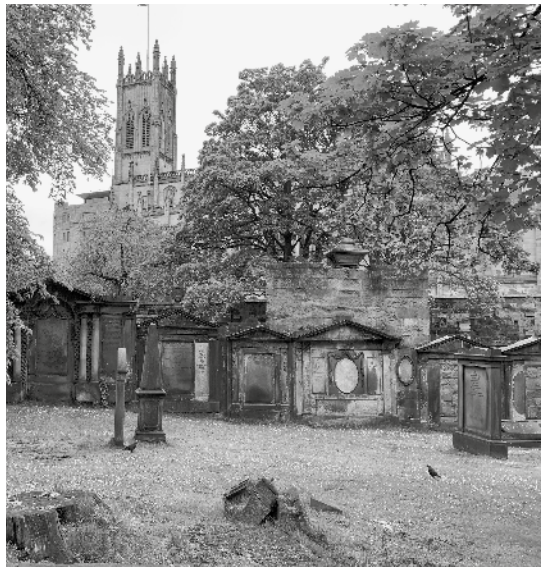
Kam, the volunteers and the other patrons have supported me to open up and talk about my problems. I have never been able to do that before. My dad was a drinker who treated me and my mum very badly but only when he had a drink. I have been given advice, encouragement and practical help and I am now about to move into a new home with my sons.

I'm so excited to be with my kids again. Once we are settled, I hope to volunteer to help others who are in the same position as myself. Children growing up now are going to find it hard because of the problems their parents are suffering. It seems to be a cycle. I could have been like my Dad.

Bethany and the Toastie Club in Aberdeen have been an eye opener for me. Everyone is willing to help each other and I want others to experience that too.

Aberdeen

The Toastie Club is a Bethany service run in partnership with King's Community Church in Aberdeen which provides a weekly drop in for those facing homelessness. This year has also seen the launch of Bethany Homes Aberdeen providing supported accommodation.



"Chaotic. Being on the streets with addiction.
Being homeless and jumping here, there and
everywhere. Trying to survive."

Joanna's story

Name changed to protect identity

The last three and a half years have been chaotic. Being on the streets with addiction. Being homeless and jumping here, there and everywhere. Trying to survive.

I lost my kids. I was just thinking about myself and not thinking about them and I had to give them to my mum. When you're on drugs you don't think because you have drugs and it's a comfort, it keeps you going. But when I think back it's like, how could I live like that? I didn't care about my life.



My life was really dark and I didn't have hope. I started going to church with my mum and really praying. I don't know how many years I prayed for some kind of centre that I could get into. My mum had a worker from Bethany who told me about Anne Hope House and I was greetin' at my mum, "I would love a chance like that!" I thought what have I got to lose? And everything just started falling into place.

When I first came to Bethany, I didn't know how or who to trust. People have let me down in my life and I didn't know how to act with staff. Now we've built friendships and trust. The staff have been amazing support with my cleanness. I'd be lost without them! I've been here for six months now. Everything's looking brighter, it's the life I want.

God can only change things if we're prepared to do the physical work. I know I have to take responsibility too. I believe in Him and I just leave everything up to Him and trust Him. I was struggling but now I keep passing it over to God and I've got help from Bethany. I wouldn't change any of it.

In the future, I want to have a house, have my bairns back. When they see that their mum's turned her life around, I'm here for myself and for them. Their lives will go back to normal and they will see their mum going to college and working.

I also want to be a drug worker and help young women with addiction and homelessness. It will help me as well because it'll remind me why I don't want to go back. I was clean for ten years and I forgot what addiction was like and then I fell right back into that. I've been in the darkest places in my life and I'm still standing. I just want to use that to help other women. Everything can be used for good!

Anne Hope House

Anne Hope House is our therapeutic residential community for women coming out of a situation of homelessness who are seeking to make positive changes in their lives.



"I went on the streets when I was 17.
It was the start of the journey in and out of
homeless accommodation."

Robert's story

I was adopted when I was one. I didn't feel a part of that family. I was isolated and started drinking at 16. That was my release, it was like I had no worries.

I went on the streets when I was 17. It was the start of a journey in and out of homeless accommodation and eventually being jailed for shoplifting. When I was 18 I met someone who knew my birth mother. The excitement of thinking I may get to meet her turned to devastation when he informed me that she had passed away. This was when my addiction really took over, leading to a serious overdose.

One time after I got arrested I told my solicitor, "don't apply for bail" just so I had somewhere to live. Walking along the prison hall, it was like I knew two thirds of the people in there. I grew up locally, so to me it was a home from home. The staff would joke, "we'll see you on Monday", and I'd just laugh it off. But that is what my life became. Out on Friday, back in on Monday. I was better off in the prison than outside.



It's a different lifestyle, being homeless. I used to beg. You'd get the odd people that are like, "aye, get a job". I'd see that as normal. I knew deep down that lifestyle wasn't right. I just didn't see any alternative.

While I was in prison I met David McAdam and we started meeting through the prison fellowship. He invited me to the weekly C2C group in Glasgow and I thought, something needs to change. David suggested the Bethany Christian Centre.

At the Centre I've become comfortable with people. It's a good house, I've got good housemates. I see them as friends. I want the best for them. It's good that they've got the Centre. Nobody needs to be living the old life that we used to live. We're not designed for that.

At the Centre you can go at your own pace. You need time to recover and get back on your feet. And once you're ready, that's when you grab life with both hands. Sharing in groups opens you up and gives you other perspectives to think about. The counselling is a slow process but it's needed because we've all held onto baggage which will hold us back.

In the future I want to help people with addiction. I remember when I used to hear people's testimonies, you connect with people that have led similar lives. And you're like, if they can do it, what's stopping me? The answer's ourselves.

Bethany Christian Centre

Bethany Christian Centre is an addiction recovery unit that aims, through a supported residential community, to assist individuals in their recovery from an addictive lifestyle.



"Things got worse when my dad died.
It was a load that I could not
comprehend or carry."

Tony's story

I grew up in a stable family. But I was an inquisitive street kid who wanted to be amongst the older lads. My life changed aged 11 when I smoked my first cannabis joint. The road that lay ahead was one of addiction and misery.

My life spiralled out of control. At 15 I ended up in care. Things got worse when my dad died. It was a load that I could not comprehend or carry. My end came when I witnessed something that would go on to destroy everything I cherished and valued. I saw someone burn brown powder onto foil and inhale the fumes. When I asked what it was the other guys called it "kit". I was so naïve, I didn't know that "kit" was a street name for heroin.

I soon learned. I became hopelessly addicted. It stripped away any dignity and distorted any moral values I had. In time I lost everything because of "kit".



I was in and out of prison. Living but not really living. I don't know why I am alive when so many people I've known are no longer here. My mental health struggled and I decided to move back to my hometown.

At the time I did not know just how much of an influence this decision would have on my life. Craig, the manager of Bethany's Dumfries service teamed me up with Phil, my support worker. They helped me to see life differently. Not once did Bethany's team judge, condemn, or belittle me. That didn't mean Craig shirked away from talking to me straight. I needed that!

Craig spent a lot of time with me. It was as if he knew when I was struggling. I would often get a call telling me to put my jacket on as he was paying for breakfast or to meet for coffee. That meant so much to me. Just being able to speak openly, without fear of being condemned.

I honestly cannot express how grateful I am to everyone at the Bethany Dumfries team. My life has taken a different direction because of their support. Simple things like getting a text message of encouragement telling me that I was doing great and to keep going meant so much. Bethany has been a stepping-stone for me to move forward.

My goal is to first and foremost stay clean. I also want to do something positive with my life. If I could help another person change their life, I would be very happy. I would also like to share my life with someone but I am not rushing into anything. I need to work on myself just now.

Dumfries

Our Supported Housing Service in Dumfries has been in operation since 2002 and helps people to address issues that undermine the ability to live independently within the community.



"I've always kind of struggled, but things
were becoming unmanageable. I didn't
know where to turn."

Lee's story

My name is Lee, I have been working with my support worker from Bethany now for just over a year and a half. I had quite an abusive and neglectful upbringing, and I wasn't diagnosed with schizophrenia until I was 22. I've had addiction issues which led to emotional and mental health issues and they made me feel isolated. It's not been an easy journey.

I've always kind of struggled, but things were becoming unmanageable. I didn't know where to turn. I was stuck and I could see that I needed help but I didn't know who to reach out to. I needed that extra support to address the addictions. That's when I started getting support from Bethany.



From managing finances to day to day things like making sure I've got food, to addressing the more serious issues like alcoholism and gambling. Bethany has come into my life and walked with me, giving me the support I needed and going the extra mile on any given day or time.

When Bethany started supporting me, we set goals and aims that I'm working towards. I want to sort out my debts, addictions and improve my general quality of life. I've been free from alcohol and gambling for eight months now and I'd love to carry on in the same light. Things got to crisis point eight months ago, but it's just been onwards and upwards since then. My faith has been key to understanding my issues and making progress in my recovery.

There's been several different organisations that Bethany have referred me to, including CAP to help with my debt situation. That has been going well and I've been making steady progress. Also Better Than Well have helped me deal with bereavement, grief, stress and trauma that I've had in the past. I've also been put in touch with a local Trussell Trust foodbank. I've been doing voluntary work there which is a big breakthrough for me. I've not worked since I was first diagnosed 25 years ago, so it's been a big step for me to get back into the workplace. It's been thanks to Bethany that these people have come into my life, I don't know where I would have met them.

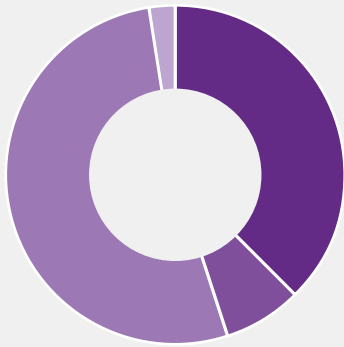
I've tried to turn things around on my own many times and I've always struggled but this time it seems different. By the grace of God and the support of Bethany, I feel like I won't relapse and I'm going to continue with my recovery. I see my life as being a bit of a jigsaw and Bethany have been a piece of that jigsaw, bringing everything together and God helping to complete the overall picture.

Housing & Support Fife

Housing & Support Fife offers a support service to vulnerable adults living in their own tenancies in the Levenmouth area of Fife.

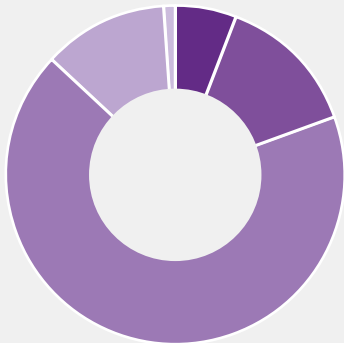
Finances

With so much of our income coming from your fundraising activities, donations and prayers, we feel it is important to show you how it is being spent. You can access our most recent Consolidated Accounts by visiting our website: bethanychristiantrust.com/about



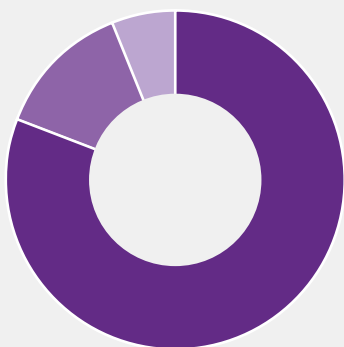
Income

- **Fundraising:** £2,792,270 (37.7%)
 - **Retail:** £540,472 (7.3%)
 - **Statutory:** £3,880,955 (52.5%)
 - **Other:** £184,004 (2.5%)
- Total:** £7,397,701



Expenditure

- **Fundraising:** £418,417 (6.0%)
 - **Retail:** £955,576 (13.7%)
 - **Charitable activities:** £4,697,567 (67.3%)
 - **Support activities:** £830,709 (11.9%)
 - **Governance:** £74,976 (1.1%)
- Total:** £6,977,245



For every £1 you give us

- **81p** goes towards ending homelessness in Scotland
- **13p** develops charity shop income
- **6p** goes towards raising the next £1

Please note: These figures are pending Year End Audit. The income figures include sale of a flat to pioneer Bethany Homes Aberdeen.

Outputs & Outcomes

April 2020 To March 2021

Homelessness Prevention

Community Support & Development West

174 People supported
110 New to upstream support

Connect to Community

46 Gate releases
82 Liberated and being supported

Inspiring Leith

178 People linking monthly
8 Regular community activities

Passing the Baton

16 New people befriended
100% Improved connections

Community Support & Development East

945 Individuals supported
838 CSD sessions facilitated

Creative Expressions

69 Facilitated sessions
2,226 Audience reach

Crisis Intervention

Care Van Edinburgh

20,039 Presentations
10,275 Lunches provided

Welcome Centre

11,076 Bed spaces provided
39 People on average nightly

Bethany House

51 People moved on positively
100% Satisfied with support

Bethany Christian Centre

100% Improved accommodation
619 Recovery group sessions

Gateway to Homes and Communities

722 Households furnished
7,534 Starter packs

Care Van Glasgow

1,233 Presentations
1,300 Lunches provided

Anne Hope House

100% Developed new skills
310 Activities & groups facilitated

Housing & Support

Kharis Court

15 Young people supported
100% Successful moves on

Bethany Homes

69 Supported flats in total
19 New tenancies

Housing First Edinburgh

31 People supported
100% Tenancies sustained

Housing Support Fife

27 Attendances at pop in
69 People sustained tenancies

Supported Housing Dumfries

14 Moves to stable housing
209 Drop-In attendances

Move-On Support

31 People supported
100% Tenancies sustained

COVID-19 Related Distribution

4,700 Personal toiletry packs
4,075 Cleaning supply boxes
700 Hospital support packs

151 Digital devices with support
4,784 Emergency food boxes
3,000 Family activity packs

In this exceptional year, thanks to people like you, we have supported nearly 12,000 people in Scotland.



"Growing up, in my childhood there was a lot
of domestic violence and drug abuse.
I thought this was quite normal."

Scott's story

Growing up, in my childhood there was a lot of domestic violence and drug abuse. I thought this was quite normal so I started using drugs myself and got caught up into decades of addiction. My life was horrible. I couldn't fit in anywhere and I just escaped with the drugs. I ended up going to prison from trying to get money for the drugs. I also ended up in hospital. I didn't feel like a good person. I was very negative. I was terrible to the community and just an all-round horrible person.



I started to get involved with the church, and one day there was an afternoon tea that Bethany put on. I learned about what Bethany had done for people, and ex-addicts talked about the support that was available. I was intrigued with what was going on, because it helped so many of my pals. Bethany helped them get flats and their whole lives turned right around. I saw a lot of good and I wanted a wee bit of it. That's where I heard about the Care Van and decided to get involved.

I like talking to the volunteers at the Care Van. I like to know what the volunteers do and get into conversations with them about what they do for the community. I meet up to chat with the pals I've made who are ex-drug users and ex-alcoholics every Friday. They tell us what's going on at the weekend, whether there's meetings or prayer meetings we can join, or even just ask if we want to go on a wee walk through the park. I'm dead pleased with the wee van. Sometimes in lockdown it was the only people I could speak to, the only person I could see, so I'd go there just to speak to people!

Getting involved with Bethany, it's been very helpful in getting my recovery on track. I've turned my life right round from the way I was living to the way I am now. I just want to be at peace, happy. I try and help my neighbours and try to be the best person I can be. I'd like to do some volunteering, put a bit back into the community.

Glasgow Care Van

In partnership with local churches and Glasgow City Mission, the Glasgow Care Van provides a source of care and support to vulnerable people living in deprived areas of Glasgow. A similar service operates in the city of Edinburgh.



"My life used to be chaotic.
I was on a merry go-round.
I couldn't get off it."

Paul's story

My life used to be chaotic. I was on a merry-go-round. I couldn't get off it. I was in prison, out of prison, and I was lucky if I lasted three weeks before going back into prison, and that was the way my life was because I was a drug addict. I needed money to feed that habit, so it was only a matter of time before I was going to get the jail.

Being in that cycle made me afraid that I couldn't handle outside. Me and my family have been split up for years and years. My brothers and sister all grew up together and I was away from them when I was in prison. So I feel as if they all have a closer connection with each other. I think they're embarrassed to say I'm their brother to tell you the truth.

Taking things was a way of escape for me. I resented my ma and dad. He wasn't an alcoholic all his life, he wasn't a bad dad towards the end but at the start he was an animal.



Before Bethany Homes Glasgow intervened, I was going to be evicted. That was guaranteed. I honestly don't know if I'd have lasted the winter if I didn't have somewhere to live. But I needed to get away from those flats. I just needed out. I would get up in the morning, wouldn't wash, put my clothes right on and I'd be right out the door. And then when it was time to come back it'd be dark and I'd go right to bed. And then I'd start over again.

Now at Bethany Homes Glasgow one of the best things has been meeting the other tenants. I can phone them any time. And in the future, I'd love to do volunteering with kids and young people who never got a chance, like me.

Bethany Homes

Bethany Homes provides flats in supported accommodation across Edinburgh, Aberdeen, Glasgow and Dumfries to individuals and families at risk or with a history of homelessness.

Growth & Development

In 2019, Bethany Christian Trust initiated a new five-year strategic plan, **Mission 2024**, designed to maximise our reach and impact in response to the desperate need around us, and seeking to follow the call and heart of God. We aim to relieve suffering and meet long term needs by supporting people that are facing homelessness across Scotland. Our plan includes the delivery of three significant new services per financial year during 2019-2024, whilst also committing to the ongoing development of existing work. So far, we have pioneered **13 new service developments**, including three distinct services in 2019-20.

During 2020-21, in the midst of global chaos, fear and panic, we attest to God's faithfulness. Our heart's cry was to bring peace and protection to the least, the last and the lost during the COVID-19 pandemic and additionally launch and integrate **three new service developments**. In 2021 we pioneered **Bethany Homes Aberdeen** through acquiring accommodation and employing a housing officer to support new tenants moving on from homelessness, with holistic support and links to the local church. We have launched a new **Perth Church Partnership Outreach**, responding to the expressed needs of people at risk of homelessness, incorporating practical interventions, mental health first aid, and a service that meets people at their moment of crisis. We have also increased our **Recovery and Family Projects in the North of Scotland** through partnership with the local church and recruitment of four new posts in Aberdeen and Inverness.



Current Locations
Mission 2024

From 2021 to 2024, we aim to sustain these new services, in addition to pioneering **nine new projects** across Scotland. The range of possible future services includes the following.

Homelessness Prevention: Expansion of UpStream across high schools, pioneering Bridge to Freedom recovery projects across Scotland, increasing community befriending to combat social isolation, new Bethany Drop-Ins with local church partnerships, and provision of life skills, employment and advocacy services.

Crisis Intervention: Developing supported accommodation in the West, new support services, street outreach projects linked with local churches, and multi-disciplinary drop-in centres.

Housing & Support: New Housing First projects, further move-on support initiatives, additional young people's support for through care and aftercare, and independent living support within different accommodation models.

We are very thankful for your partnership with us as we seek to sustainably support those facing homelessness and ultimately work together towards ending homelessness in Scotland.

Thank you

A warm and heartfelt thank you to all of the volunteers and donors who have supported Bethany Christian Trust this year with their time, talent, prayers, and donations. It's your generosity that makes our work possible.

How to get involved

Pray

We believe that prayer grounds all the work that Bethany does. We invite you to join with our staff, volunteers and supporters in using the prayer diary and online resources to pray for the services and challenges in overcoming homelessness across Scotland.

Give

Giving ensures that we are able to plan ahead and empower people with long term, practical care. Thanks to the generosity of people across Scotland and beyond, our work continues to benefit more and more people every year. Every gift, be it clothing and furniture for our shops or a donation towards one of our appeals, gets us one step closer towards ending homelessness in Scotland.

Volunteer

Every day across Scotland, hundreds of volunteers partner with Bethany to provide vital support to people accessing Bethany's services. Volunteering at Bethany is a great way to meet new people, learn new skills, give back to the community and boost your confidence. Our volunteering opportunities are diverse and flexible to ensure that you benefit too. Please get in touch today to chat about how you can join our team!

#BCTheroes

For more information please contact:
volunteers@bethanychristiantrust.com
or call us on 0131 561 8965

Trusts & Funders

Barclays Wealth Management
Bellahouston Bequest Fund
Cardrona Charitable Trust
Challenge Trust
Clara E Burgess Charity
Cordis Charitable Trust
Corra Foundation formerly Lloyds TSB
Foundation for Scotland
Crisis
Cruden Foundation Ltd
Cycling Scotland
Dr Guthrie's Association
Dunclay Charitable Trust
Earl Haig Fund
Family Action
Fife Council
Foundation Scotland
Garfield Weston Foundation
Glasgow City Council
Gledswood Charitable Trust
Inchcape Foundation
Inspiring Scotland
J&C Fleming Charitable Trust
James Inglis Testamentary Trust
JK Young Endowment Fund
Kilpatrick Fraser Charitable Trust
Knockfarrel Charitable Trust
Leach Family Charitable Trust

Leith Benevolent Association
Lifecare
Linder Foundation (formerly Enid Linder)
Miss I F Harvey's Charitable Trust
Mugdock Children's Trust-Archibald & Isabella
Barr Memorial
Mushroom Trust
Petty Trust
Police Scotland Community Fund
Port of Leith Housing Association
R S Brownless Charitable Trust
Raymond Kenneth Thomas Harris Trust
Scott Thomson Charitable Trust
Scottish Government and local authorities
Swinton Paterson Trust
The AMW Charitable Trust
The Anber Fund
The Beatrice Laing Charitable Trust
The Castansa Trust
The Charles Hayward Foundation
The Glendalough Trust
The Gordon Fraser Charitable Trust
The Graham Trust
The Hanley Trust (1987)
The Haramead Trust
The Hinshelwood Gibson Trust
The Hugh Fraser Foundation
The James and Jessie Shaw Charitable Trust

The Jerusalem Trust
The John Wilson Robert Christie Bequest Fund
The Lady Marian Gibson Trust
The Landale Charitable Trust
The Leigh Trust
The Mackie Foundation
The Milne Family Foundation
The Miss A M Pilkington Charitable Trust
The Music Sales Charitable Trust
The Nancie Massey Charitable Trust
The Netherdale Trust
The Norman Walker Trust
The Peter Vardy Foundation
The Pettigrew Charitable Trust
The Riada Trust
The Robertson Trust
The Shalimar Trust
The Social Bite Fund
The Souter Charitable Trust
The Tay Charitable Trust
The Trusted Executive Charitable Foundation
The Verden Sykes Trust
The Volvox Trust
The Walker Family Charitable Trust
The William Syson Foundation
Third Inglis Property Trust
TOR Christian Foundation
Wilson Family Trust

We would also like to thank the many churches and communities across Scotland who partner with us. Due to the scale of your support we cannot acknowledge every generous act, but each and every one is greatly appreciated.

Corporates

Albacore Catering
Alex Quinn
ASPC
Aviagen Ltd.
Baillie Gifford & Co
Balwearie High School DAS
Barclays
Brodiess LLP Solicitors
Cordial Fox Limited
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DevCat Projects
ELE Global
ESMS Junior School
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Pret Foundation Trust
Scotmid
SWECO UK
The Real Mary King's Close
The team at Archangel 1608 Tattoo Studio
TSB
Union of Genius
William Purves Funeral Directors

A Lasting Legacy

Every year, we are blessed with the thoughtfulness of our supporters who remember Bethany Christian Trust in their will. These legacies are an extraordinary help in our work across Scotland, and reflect the often longstanding connection that people have had with Bethany. Their generosity now makes a lasting impact beyond their lifetime. We would like to acknowledge the following legacies left to us since our last Annual Report:

Ann H Baxter
Michael J Crabb
Grace A Hardy
Margaret Johnson
Kathleen A Maxwell
Marion Menzies
Mike Passway
Irene M Rannie
Morag J Stewart
Jean Watson

We would also like to pay tribute to all whose lives have prompted generous donations in their memory through the year:

William Bett
Enid Mary Braithwaite
Heather Bremner
Evelyn Jean Brown
Jean Cook
Paula Crombie
Peter Friend
Liz Houston
Selma Imrie
Helen McKenzie Scott
Celia Souza
Janet Tweedie
Gavin White
George Wilson

A Shared Celebration

At an occasion of great joy such as a wedding or significant milestone, it's good to share our happiness with others. These events can also prompt us to take stock and think about those less fortunate than ourselves.

We are delighted to thank everyone who has used celebrations to raise funds for us this year. Whether asking for donations as wedding presents, taking part in sponsored events, or setting up a Facebook fundraiser, your generosity has been amazing.

If you would like to talk to us about sharing your celebration, leaving a legacy or making a donation in the memory of someone important to you, please call Jordan on 0131 561 8927 or email jordanstorey@bethanychristiantrust.com



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Chief Executive & Secretary
Alasdair Bennett

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56-66 Frederick Street
Edinburgh, EH2 1LS

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Angela Stormont (Deputy Chair)
Mark Hesketh (Treasurer)
Colin Mason
James Campbell
Sonia MacCallum
John Craig
Jo Ratter
Sofie Gillespie

Design
The Creative Beings Collective

Photography
Simon Juho Photography

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Charity Number SC003783

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