

# Stop for Soup 2018



## Help a homeless person in need

### Info Sheet: What is it all about?

**Stop for Soup** is an appeal to highlight issues of homelessness in Scotland today and to provide an easy way for you to get involved and help. It's about doing something simple, such as eating a bowl of soup with friends, and donating the money you would spend to help transform the lives of people in need. **Stop for Soup** is created so you can do something amazing and make a real difference and enjoy some soup at the same time.

#### So, what do you want me to do?

We would love you to get involved with **Stop for Soup** by attending or hosting a soup event to highlight the needs of homeless people and to help raise some money to support Bethany's vital services that help homeless and vulnerable people.

#### How do I do that?

It's quite easy. Identify a time and place you could host **Stop for Soup**; it could be in your local church, school, community group, place of work or even at home. We will supply posters, flyers and publicity materials to advertise your event. You supply soup (homemade or bought), bread, recycled disposable cups, something to collect the money in and simply serve people their soup. We suggest asking for a donation of £3 from each of your guests and all the proceeds from the money you raise will allow Bethany to provide life-saving services for homeless people.

If you love making soup, why not make your favourite recipe and let people sample your taste-bud tantalising treat? Or if you're less confident in the kitchen or pushed for time, just get some soup at the shop and heat it in a pan or microwave (nobody will know!). If you want to make more of an event of it why not hold a *Souper Challenge Blind Tasting Test* or a *Soup Recipe Swap* or a *Battle of the Broths* contest to raise a bit of extra cash? Or, just keep it simple. **Stop for Soup** is about doing what you can, at the level that suits you, so that you can make a difference.

#### Why soup?

Soup is nutritious, wholesome and healthy and for hungry people living on the streets it can literally save lives. Did you know that at Bethany we give out around 18,850 cups of soup every year at our Care Van service for rough sleepers? But homelessness isn't just about rough sleeping. There are over 10,000 households living in temporary accommodation in Scotland today, so at Bethany we help people to find housing, furnish homes and successfully maintain tenancies and settle in their local community. We want to help people at risk of homelessness get into full time employment through our Job Clubs, assist those who are leaving prison become valued

members of society and equip families with essential life skills so that they become fully settled in the community. With over 34,000 people declaring themselves homeless in Scotland every year, Bethany is committed to working with marginalised and vulnerable people to tackle the issues that are causing them to become homeless. There's a lot to do. As you'd imagine, it costs a lot of money to work with people day in and day out to transform lives, so we're starting with soup. Please take some time to **Stop for Soup**. **We want to save and transform lives and we think soup could be the answer. Please help us.**

Okay, I want to help, who do I contact?

To request publicity materials or discuss hosting your own Stop for Soup event please email [stopforsoup@bethanychristiantrust.com](mailto:stopforsoup@bethanychristiantrust.com) or call 0141 766 0177.